

Muscles

Worksheet B

True or False?

1. Skeletal muscles are involuntary muscles which you cannot control. False (voluntary muscles you can control)
2. Cardiac muscle is the heart muscle. **T**
3. Tendons attach muscles to the other muscles. **F (to bones)**
4. The heart is the only organ in human body with cardiac muscle. **T**
5. It takes more muscles to smile than to frown. **F (fewer- 46 to frown)**
6. The lack of fluids or dehydration can cause muscle to cramp. **T**
7. Smooth muscles keep blood moving through your arteries. **T**
8. Endurance is a muscle's ability to reach its maximum strength. **T**
9. The Sartorius in the leg is the longest muscle in human body. **T**
10. If the heart doesn't get enough oxygen, a person's arteries may expand. **F (a person may have a heart attack)**